

COMMUNITY UPDATE

Flu Shots

Flu shots are now available. PLEASE NOTE: Due to insurance requirements, flu shots require a *separate appointment* and cannot be coupled with your annual wellness exam.

Rx Texts

Launched this summer, Rx Text Notifications are now available! We can assist you or you can activate notifications yourself through the patient portal. For more info, click [here](#) for details.

Things to Know:

- ✦ ALL pre-exam appointments include FASTING labs. Failure to fast prior to your pre-exam will require us to reschedule your PE, resulting in a substantial delay of your AWE.
- ✦ COVID: We are seeing multiple reinfections and resurgence infections in patients that received treatment or medication. Please test or get tested. We will continue to observe all covid protocols to include masks and travel restrictions.
- ✦ Updated Covid Vax now available. Find one [here](#).
- ✦ If you need to reschedule your Wellness Exam, please know there will be an unavoidable 3-4 month delay. AWEs are booked 6-12 months ahead.

Galleri Now Available

MULTI-CANCER EARLY DETECTION

Through our affiliation with MDVIP, we bring you Galleri: a multi-cancer early detection test that detects a cancer signal across more than 50 types of cancer, many of which are not commonly screened for. With a simple blood draw, the Galleri test provides early detection insights that can help you be proactive about your health. Although not generally covered by insurance, as an MDVIP Member, you qualify for special pricing.

Introducing Iris

COMPREHENSIVE HEALTH CARE PLANNING

Another membership perk brought to you by Aledade, the Health Care Planning program from trusted partner Iris Healthcare, is provided to you at no cost. This process facilitates communication between you and your family to discuss your future care preferences so they know what's important to you. The goal of health care planning is to understand your wishes and help you document and communicate with them. Iris will spend as much time as you need and is able to include your family or caregivers. If you are identified as eligible, more information is coming and if they call, please take advantage of this opportunity and talk to them!



After Office Hours Protocol

AFTER HOURS ARE FOR URGENT MEDICAL ISSUES THAT CANNOT WAIT UNTIL THE NEXT DAY: 910.400.1175

With CallMyDoc, a Patient Case can be created within your medical chart and Dr. Suchecki can be notified. With your information in front of him, he is fully ready to manage your issue and it is documented in your chart. With this system, staff are swiftly able to answer questions that may later arise related to your after-hours care. PLEASE NOTE: This number is for EMERGENT issues outside of business hours only. Non-emergent messages that come through CallMyDoc after hours may not be addressed until the following business day. Of course, CALL 911 if you are having a true medical emergency.